

BEAUTY DO THEY REALLY WORK?



root-boosting
DRY SHAMPOO

HOW IT WORKS Like many dry shampoos from bigger and less eco-oriented brands, it contains starches that soak up oils emanating from your roots.

HOW GREEN IT IS Aside from the absorbent rice and corn starch and Georgia kaolin clay, this formula boasts strengthening bamboo extract and a light, floral fragrance derived from natural essential oils.

THE PRO SAYS Watch out, or this shaker will douse your head with enough powder to preserve a month's worth of blowouts. "This is not a package-to-scalp kind of application," says hairstylist Nathaniel Hawkins. However, if you pour some into your palm and work it in with fingers, "it will absorb beautifully and add some oomph to roots."

THE INSTYLE GUINEA PIG SAYS Meh. Our tester has medium-thick, wavy hair and is no stranger to dry shampoo. "Having to shake it into my hand then work it into my hair is a little tedious. I'd rather just spray and go, to be honest," she says. "It works, and the white residue disappears easily, but you need quite a bit to make the grease and shine go away."



organic BODY OIL

HOW IT WORKS The blend of organic jojoba, tamanu, olive, avocado, and sunflower oils promises to nourish and moisturize adult and infant skin sans irritation.

HOW GREEN IT IS Co-founder Jessica Alba helped produce an honestly eco-friendly, USDA-certified organic product with sustainably grown ingredients—so we'll forgive her for Good Luck Chuck.

THE PRO SAYS This is a well-priced daily moisturizer for all skin types, says Dr. Fishman. "It's especially good for eczema-prone skin because of the sunflower oil, which studies have shown can help the condition." If you find it a tad greasy, she suggests mixing it with your moisturizer. This gives you deep hydration without sacrificing the cosmetic elegance of a lotion.

THE INSTYLE GUINEA PIG SAYS "I tend to get scaly legs, and I've noticed after using this that they look and feel really moisturized all day long." Our busy tester also loves how "fast and easy" the formula slips on and absorbs into the skin.

The Honest Co. Organic Body Oil, \$10; honest.com.

sustainable spa CANDLE

HOW IT WORKS Light the cotton wick, and enjoy a 40-hour, guilt-free burn.

HOW GREEN IT IS Paraffin, the main component in many candles at your local mall, is actually a petrochemical, explains Wilson. This vessel-less pillar (read: less glass in the landfill) is 100-percent-natural veggie wax, with no animal by-products.

THE PRO SAYS Along with pluses on the sustainability side, the lack of synthetic fragrance also scores points for this candle. Man-made scents can have "50 or 100 ingredients," and some may release small amounts of risky formaldehyde into the air and possibly into your lungs, Wilson says.

THE INSTYLE GUINEA PIG SAYS "I get migraines quite often, so I love having lavender candles and oils around to soothe and calm my head." The scent isn't overpowering, "but at times I wish it were stronger," says our tester.



Lite + Cycle
Lavender
Essential Oil
Candle, \$45;
liteandcycle.com.

