**BEAUTY DO THEY REALLY WORK?**

**root-boosting DRY SHAMPOO**

**HOW IT WORKS** Like many dry shampoos from bigger and less eco-oriented brands, it contains starches that soak up oils emanating from your roots.

**HOW GREEN IT IS** Aside from the absorbent rice and corn starch and Georgia kaolin clay, this formula boasts strengthening bamboo extract and a light, floral fragrance derived from natural essential oils.

**THE PRO SAYS** Watch out, or this shelter will douse your head with enough powder to preserve a mantis’s worth of blowouts. “This is not a package-to-scalp kind of application,” says hairstylist Nathaniel Hawkins. However, if you pour some into your palm and work it in with fingers, “It will absorb beautifully and add some oomph to roots.”

**THE INSTYLE GUINEA PIG SAYS** Meh. Our tester has medium-thick, wavy hair and is no stranger to dry shampoo. “Having to shake it into my hand then work it into my hair is a little tedious. I’d rather just spray and go, to be honest,” she says. “It works, and the white residue disappears easily, but you need quite a bit to make the grease and shine go away.”

**sustainable spa CANDLE**

**HOW IT WORKS** Light the cotton wick, and enjoy a 40-hour, guilt-free burn.

**HOW GREEN IT IS** Paraffin, the main component in many candles at your local mall, is actually a petrochemical, explains Wilson. This vessel-less pillar (read: less glass in the landfill) is 100-percent-natural veggie wax, with no animal by-products.

**THE PRO SAYS** Along with pluses on the sustainability side, the lack of synthetic fragrance also scores points for this candle. Man-made scents can have “50 or ‘00 ingredients,” and some may release small amounts of risky formaldehyde into the air and possibly into your lungs, Wilson says.

**THE INSTYLE GUINEA PIG SAYS** “I get migraines quite often, so I love having lavender candles and oils around to soothe and calm my head.” The scent isn’t overpowering, “but at times I wish it were stronger,” says our tester.