HOW TO PLAN THE PERFECT FIRST BIRTHDAY p. 45

babytalk
FRESH IDEAS FOR NEW MOMS
ON DIAPER DUTY SINCE 1935

4 bedtime RULES worth breaking

WHY PLAYDATES matter EVEN NOW

wise guide
strollers & play yards that fold themselves, car seats that chat with your smartphone plus more genius baby gear

peek inside P!nk's diaper bag

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best for bums

disposables
1 The Honest Co. diapers prove that earth-friendly can also be superchic. Oh, and they work great too! (prices vary; honest.com)

2 Nighttime dipes, like Seventh Generation Overnight Diapers, let everyone score more shut-eye. (prices vary; diapers.com)

3 Adding stretch makes for a diaper that moves and grooves with your little crawler, walker, climber, etc. We’re fans of Pampers Cruisers. (prices vary; diapers.com)

cloth
best of both worlds ➤ gDiapers are hybrids: disposables for daycare and day trips and cloth for stay-at-home days. (prices vary; gdiapers.com)

money-saver ➤ Aptly named Freetime, the latest bumGenius diaper fits babies 8 to 35 pounds, requires no pocket stuffing and dries in a flash. ($20; cottonbabies.com)

guilt-free ➤ EcoPosh fitted diapers are fashioned from recycled water bottles, bamboo and organic cotton. ($35; nickisdiapers.com)

we’ll drink to that!

Bottles changed everything when it came to motherhood. Finally, dad could help with the feeding, and mom could return to work (or simply get a full night’s sleep). And don’t underestimate the lowly sippy cup. It’s been saving carpets, T-shirts and sanity for decades. Here’s a look at some of our favorite new bottles and sippies on the market:

reflux fighter Evenflo Purely Comfi angled bottle (three-pack, $10; drugstore.com)

hard spout for toddlers Poppy Patch Foogo ($9; shopthermos.com)

sleek stainless Kid Basic Safe Starter bottle ($13; diapers.com)

vented nipple to ease colic NUK Tie-Dye Orthodontic Bottle (three-pack, $13; walmart.com)

soft like mom’s breast Comotomo silicone bottle ($17; amazon.com)