What’s in your beach bag?

Jessica Alba

Whether she’s sporting a bikini on the beach or a glam gown on the red carpet, this silver-screen beauty and star of blockbusters like Fantastic Four—and Frank Miller’s upcoming Sin City: A Dame to Kill For—seems to have mastered the art of looking chic. Another thing she’s mastered: keeping daughters Honor and Haven entertained on the sand. "In the morning, we splash around, chase the waves, and make sand castles," she says. "We always have sand toys." Alba savors time for herself, too, often with a book and a stash of healthy snacks. "It’s a great time to disconnect from the hustle and bustle of daily life."

Virginia Johnson Dahlia Shawl in Turquoise, $195; virginiajohnson.com

Lifefactory 22 oz. Glass Bottle with Classic Cap and Silicone Sleeve in Orange, $23; lifefactory.com

Knockaround Seafarmer Green/Ambient Bio-Based Premium Sunglasses, $16; knockaround.com

The Honest Co. Body Oil, $10; honest.com

Snapper Rock Sundress in Summer Hearts, $42; snapperrock.com

Snapper Rock Girls Ruffle Bikini Set in Paisley, $65; snapperrock.com

Yosi Samra Roe Sandal (YS-FL-FL) in Mint, $48; yosisamra.com

Shimmi Viv Bikini, $180; spindledandleaf.com

“THIS BIKINI IS EDGY WHILE STILL OFFERING ENOUGH COVERAGE TO STAY PUT”