Yes, you can!
PUT A POSITIVE SPIN ON YOUR PREGNANCY WORRIES

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A REAL-LIFE GUIDE TO VACCINES | ECO-FRIENDLY BABY SHOWERS
BONDING WITH BABY

1 // HOODIE/CHIC
A hooded towel does double duty after bath time: It wraps your baby in a cocoon of warmth, and makes her look absolutely adorable.
3 Sprouts Chicken Hooded Towel, $34, is made from 100 percent cotton knit and cotton terry fabric, and it’s guaranteed to put a smile on your face every time you see your little one wearing it. 3sprouts.com

2 // SPLISH, SPLASH
If like many new moms, you obsess over your newborn’s weight, the Aqua Scale, $70, is ideal for you. As you enjoy bathing your baby, it weighs her precisely—taking into account water and movement. The digital thermometer monitors the water temperature, too, so you can focus on quality time instead of constantly monitoring the warmth of the bath water. Newborn to age 2, theaquadecale.com

3 // ROCK OUT
A comfortable rocker will quickly become your second favorite resting spot (bed, of course, staying strong at No. 1). The glider variety is popular because of the smooth rocking motion it provides, and your baby is likely to concur. Best Chairs Storytime Series Swivel Glider, $599, is made in the United States by a family-owned and operated company, and you can custom order exactly the look you want from 100 fabric options. bestchairs.com/storytime

4 // PLAY DATE
Encourage grasping with simple playthings. SugarBooger’s Buzzy Bee Wooden Rattle, $18, is both beautiful and toxin-free; it’s made from sustainable European beechwood, printed with water-based inks and coated with natural beeswax. 3 months and older. creoriginals.com

Extra essentials
Be sure to stock the medicine cabinet with a nasal aspirator (we like NoseFrida the Snootsucker, $15, fridababy.com) and a pain reliever and fever reducer, such as infant acetaminophen (check with your doctor for proper dosing).

When it’s time to clean up, keep it safe with baby-friendly picks. We like: Aveeno Baby Organic Harvest Lotion, $12 (5 ounces), drugstore.com; California Baby Super Sensitive Shampoo & Body Wash, $11 (8.5 ounces), californiababy.com; Seventh Generation Baby Foaming Shampoo & Wash, $8 (10 ounces), seventhgeneration.com; The Honest Co. Honest Lotion, $10 (6.8 ounces), honest.com.

Bottles are another must-have, whether you’re breastfeeding or giving formula, or a combination of both.

We like: Born Free Deco Bottles, $20/three 9-ounce bottles, buybuybaby.com; NUK Trendline Babytalk Orthodontic Bottles, $14/three 5-ounce bottles, walmart.com; Tommee Tippee Closer to Nature Newborn Starter Set (four bottles and formula dispenser), $30, target.com.