TODDLER TANTRUMS
SUPERNANNY TO THE RESCUE!

Easy STREET
TAKEOUT RECIPES FROM AROUND THE GLOBE

Mom to Mom
WHICH TAKES PRECEDENCE?
SCHOOL OR VACATION?

14 WAYS FOR KIDS TO LIVE GREENER
Sh*tty Mom: The Parenting Guide for the Rest of Us, by Alicia Ybarbo, Karen Moline, Laurie Kilmartin – Hanna
Dead Brilliant, by Christopher Ward – Catherine K.
Goodnight Brian, by Steven Manchester – Jo-Anne P.
Hunger Games trilogy, by Suzanne Collins – Abby L.
A Dance with Dragons, by George R.R. Martin – Samantha P.
Crazytown: The Rob Ford Story, by Robyn Doolittle – Helen B.
Left Behind series, by Tim LaHaye and Jerry Jenkins – Garnet L.
The Longest Ride, by Nicholas Sparks – Andrea
The Game: Penetrating the Society of Pickup Artists, by Neil Strauss – Loretta
The Baby Whisperer, by Tracy Hogg – Celeste C.
Under the Dome, by Stephen King – Linda P.
Lord of the Rings, by J.R.R. Tolkien – Dean O.
The Wolf of Wall Street, by Jordan Belfort – Jean T.
The Never List, by Kathy Zan
Wildwood, by Colin Meloy – Charlotte H
Harry Potter and the Philosopher’s Stone, by J.K. Rowling – Veralyn C.

Jessica Alba has two girls, five and two, an acting career and a successful book. She’s one busy mom! Now, with the Canadian launch of The Honest Co., she’s bringing her eco-brand North. Here’s how Jessica teamed up with former CEO of Healthy Child Healthy World, Christopher Gavigan, to live life “honestly”.

“When I was pregnant with Honor I had an allergic reaction to a baby detergent my mom had used on me as a child. When I looked at the ingredients list I discovered that a lot of those ingredients were actually petro-chemicals. I continued researching and found that the product my mom used on me may have had the same name, but was a completely different product because 8,000 chemicals have been introduced into the marketplace since then.

When I came across Christopher’s book Healthy Child Healthy World: Creating a Cleaner, Greener, Safer Home I knew he was someone I wanted to work with. There was a hole in the marketplace for a truly natural and organic brand with products that not only have great ingredients, but ingredients that actually work. Together we decided that if someone needed to fill that hole it should be us and The Honest Company was born.”

– AS TOLD TO AMANDA BLOYE

For Jessica and Christopher’s ecotips go to ParentsCanada.com/greenliving

Mom to Mom

WHO DOES WHAT?

When it comes to household chores, is your home a three-ring circus? Here’s what our readers said.

62% say they do most of the work
35% say it’s an even split
3% say their partner does most of the work

48% Number of kids responsible for two or three household chores
11% Number of kids who don’t help out around the house, despite parents’ requests
37% Meal prep
23% We share the load
22% Laundry
19% Paying bills

IS THERE ANY JOB THAT YOU AND YOUR PARTNER TEND TO FIGHT OVER?

DO YOU CARRY YOUR WEIGHT AROUND THE HOUSE?

48% Laundry
35% Cooking
17% Dirty dishes

IS THERE ONE TASK THAT’S YOUR DOMAIN?