Paula’s LIFE AFTER SCANDAL

‘I’VE LEARNED A LOT’

Nine months after an explosive controversy, Paula Deen opens up about the toll it took and how she’s rebuilding her world.
Kristin Cavallari
1 Month to Go!
The reality star, 27, and husband Jay Cutler, 30, are already proud parents to son Camden Jack, 19 months, so when it was time to prep for another baby boy, Cavallari kept her cool. "We pretty much have everything, so it's nice not to have to start from scratch," she tells PEOPLE. One thing she's been happy to go without? Morning sickness. "Both of my pregnancies have been great," she says. "I've been tired, but I am very lucky because I haven't had any nausea."

Her Cravings
Anything sweet! "I'm pretty healthy, but I went through a sugar phase," she says.

Gwen Stefani
Due Any Day!
Already a mom to sons Kingston, 7, and Zuma, 5, with husband Gavin Rossdale, 48, the singer-designer, 44, took to Instagram Jan. 17 to share the news that baby No. 3 would also be wearing blue: "I was ready to hand over the crown," she wrote, "but I guess I am still queen of the house. #itsaboy #surroundedbyboys." The star celebrated her growing brood with a baby shower on Feb. 8 attended by friends Gwyneth Paltrow, Chelsea Handler and Jessica Alba (who came bearing eco-friendly gifts from her Honest Company line of baby products).

Stylish Swaddles
Stefani's pals stocked up on these chic swaddling blankets. Aden and Anais Swaddles, $45; bel-bambini.com

Baby Duds
Friends gave the star this blue getup. Kickee Pants, $54; bel-bambini.com

Her Diaper Bag
Jessica Alba gave Stefani a tote full of baby goodies. Utility Tote, $195; honest.com

Playroom Must-Have
Cavallari is a fan of this personalized puzzle-letter stool. $70; thestationerystudio.com

FOOTBALL FUN!
The new baby will cheer on Dad, who is a quarterback for the Chicago Bears.

By Emily Strohm, with Janine Rayford Rubenstein, Julie Jordan, Alii Nahas, Melody Chiu, Gabrielle Olya and Catherine Kast