

## The Honest Company Checklist: Diaper Bag Essentials

- Diapers:** Bring one for each hour you'll be out (just in case!).
- Wipes:** Transfer some of your regular stash into a reusable travel case.
- Diaper Rash Cream:** Our healing balm slips perfectly into bag pockets and can be used to treat diaper rash, scrapes, and dry skin.
- Hand Sanitizer:** This needs no explanation when you have little kids!
- Sunscreen:** Protect your child in the sun when on the go.
- Bottle(s)** of breast milk or formula.
- Water & Snacks:** Pack age-appropriate food and don't forget about yourself!
- Burp Cloths (2)**
- Blanket:** This versatile basic can be used as a play mat, nursing cover, shade, bib, burp cloth, impromptu changing pad (if you're bag doesn't come with one).
- Biodegradable bags:** You can purchase these from the pet section to save money and they're perfect for diaper disposal or storing soiled clothes.
- Change of Baby's Clothes:** Accidents happen!
- Scarf:** Mom can hide stains and unfortunate leaks, while looking fashionable.
- Emergency Info:** Slip an index card in your bag listing your child's health care providers and any known allergies.

### Extras:

- First Aid Kit**
- Sling or Wrap:** Easily fold up and tuck this fabric carrier into your bag for those moments where you need to be hands free or the stroller can't fit.
- Toy/Teether/Pacifier:** Depending on the age of your child, tuck in a non-toxic teething toy or a small board book.

